

Shelley Taylor-Smith

Regardless of being tagged with “no natural ability”, “disabled” and “nothing above average” 7-time World No.1 Women’s Marathon Swimming Champion Shelley Taylor-Smith is the only woman to hold a No.1 world ranking for both men and women in the history of any sport worldwide.

A highly energetic and inspiring motivational keynote speaker, international best selling author, business trainer and success coach, Shelley Taylor-Smith has proven that any ordinary Australian can achieve extraordinary results; that a Champion Mindset® can make a difference in your life and business.



Retired 7yrs, Shelley switched swimsuit for business suit, now creating Champions in all of us with her down to earth, openness & honesty as she connects & engages her audience sharing her personal experiences.

In her business Champion Mindset® Consulting, Shelley works with businesses and individuals to remove the blockages that stop people from achieving peak performance and ultimately success.

Shelley holds Bachelors in Education in Physical Education, a qualified trainer in NLP (Neuro Linguistic Programming) and currently pursuing her doctorate in Psychology.

Champion Mindset® has provided Taylor-Made Solutions to both blue ribbon corporations, small & medium business and professional athletes & sporting teams including St Joseph’s College Head of the River Rowing 1st 8’s, Australian Swimming Teams, St. George Bank, Commonwealth Bank, Colonial First State, Cadbury Schweppes, Blackmores, Foxtel, Warner & Roadshow Entertainment and Sheridan all discovering first hand how to become Champions.

Repeatedly, Shelley has demonstrated the power of her mind in overcoming considerable adversity. Triumphant over scoliosis, partial paralysis, benign breast tumour and chronic fatigue syndrome she relates to the everyday person with her life’s ups and downs and shows that anything is possible if you’re prepared to do whatever it takes.

As many have said “Shelley will not tell you what you want to hear, she’ll tell you what you need to hear!” “Her enthusiasm is contagious and her passion mindblowing!” “A rollercoaster ride of emotions that you never want the ride to stop.” “Not in 7 years organising conferences have I witnessed a standing ovation with not a dry eye in the room.”

Be inspired, improve morale, motivate your team, celebrate success, inspire performance, and embrace change and step-up to the next level of success with audiences guaranteed to leave as Champions of their own world. Author, trainer, speaker or sportsperson, the underlying message throughout all Shelley Taylor-Smith’s endeavours is, “***...if you don’t quit, you will make it.***”