



## Your Champion Success Coaching Program

### Mindset + Belief = Action

The outline below details topics covered that will be tailored according to your personal needs. Our goal is to help you quickly and effectively get you from Point A to Point B.

**Program 1: Champion Breakthrough:**  
**Where you are now** **(5hrs total)**

- Your detailed personal history
- Who you are not what you do - realising the difference
- Getting to know every facet and gift within yourself
- Self Management skills and understanding change
- Your Action Plan

**Program 2: Champion Breakthrough Plus:**  
**Where you want to be** **(5hrs total)**

- The Success Wheel in the 6 key areas of your life
- Ignite the passion - learning what motivates you
- Reality of what motivates you - 3 areas most important in your life
- Identifying the demotivators - procrastination & loss of focus
- Your Action Plan including goals and outcomes

**Program 3: Champion Goalsetting:**  
**How you will get there** **(4hrs total)**

- Confidently create, pursue and attain your goals
- Defining what you want to achieve
- 7 Taylor-Made Steps to goal getting
- 5 Champion strategies for effective goalsetting
- Champion Plan 5yr, 1yr, 6mth, 3mth and 30 day goals

**Program 4: Champion Plan for Life:**  
**Where to now** **(4hrs total)**

- Winning long term - your life purpose
- Your 5yr & 10 yr focus
- Defining what motivates you for your future
- Designing your personal vision & mission statement

*7 time World Champion creating Champion Mindsets® with Taylor-Made Solutions!*

PO BOX 254 HARBORD NSW 2096 AUSTRALIA T: +612 9939 0048 F: +612 9939 0078 E: [champion@championmindset.com.au](mailto:champion@championmindset.com.au)

[www.championmindset.com.au](http://www.championmindset.com.au) • DANGEROUS WHEN WET PTY LTD TRADING AS CHAMPION MINDSET® CONSULTING ABN 50 084 623 941